



### MONTHLY EVENTS:

VH=Village Hall  
KPL=Kohler Public Library  
P=Kohler Pool

#### **Mondays**

Water in Motion & Lap Swim  
8am/Deep Water Aerobics 5pm-P  
Painting 9am-VH  
Ping Pong 1pm-VH

#### **Tuesdays**

Chair Yoga 8:15am-VH  
Hiking 10am-location announced

#### **Wednesdays**

Water in Motion & Lap Swim 8am-P  
Kayaking-10am-location announced  
Pickleball 6:30pm-Tennis Courts

#### **Thursdays**

Study Group 9am-VH  
Walking in Water & Coffee 10am-  
Lake Michigan  
Deep Water Aerobics 5pm-P  
2<sup>nd</sup> Thursday Book Club 1pm-KPL  
3<sup>rd</sup> Thursday LAFF 7pm-VH

#### **Fridays**

Water in Motion & Lap Swim 8am-P  
Lunch 11:30am (cards after)-VH

#### **Saturdays:**

Water Aerobics 10am-P

Volume 5, Number 8

## MISSION

Klub 55 serves as a focal point for those aged 55 and over in the extended Kohler community, providing opportunities for fun, recreation, learning, and socialization in order to encourage physical, mental, spiritual, and social well-being.

What is the extended Kohler community? In short, it is Kohler and the surrounding areas! Anyone who can make it to Kohler, where most activities take place, is welcome! At this time we do not provide transportation.

### **Have you renewed your membership for 2022???**

Klub 55 yearly membership is \$25. This membership entitles you to discounts on Friday lunches, trips, classes, activities and special events. All members who sign up for events are taken before non-members who will then be called on a first come first serve basis.

Annual membership is from 1/1/2022-12/31/2022.

If there are any classes or workshops you are interested in, please contact Jeanine Mullen 920-458-0313.

**A reminder to everyone: it is important to register in advance for all classes, events or trips. Nothing cancels a good class, event or trip quicker than everyone waiting until the last minute to register. If there are not enough registrants by a certain date, the class/event/trip may be cancelled.**

[www.kohlervillage.org/klub-55/](http://www.kohlervillage.org/klub-55/)

facebook

Follow Kohler Klub 55 on Facebook



## FRIDAY LUNCH

**All Meals Served at 11:30 a.m. at Village Hall**  
**Cost per person: \$6 members, \$7 non-members**  
**(unless otherwise indicated)**

*Register for lunch by Wednesday - stop at Kohler Village Hall, call 920-459-3873 or email [cgamb@kohlervillage.org](mailto:cgamb@kohlervillage.org).*

August 5 Beef Stroganoff, Salad, Homemade Noodles, Rolls, Soup, Dessert

August 12 Taco Bar, Refried Beans, Nachos, Soup, Dessert

August 19 BBQ Chicken, Baked Potatoes, Corn, Salad, Dessert

August 26 Lobster Rolls provided once again by Juniors Eats, along with Salad, Chips,  
Clam Chowder, Dessert



## Card Playing Fridays after lunch

We will have coffee, and soda is available for purchase. Not playing cards, please feel free to stay for a little coffee and conversation or even a game of dominos.

To register for classes/workshops/activities (unless otherwise noted) – stop at Village Hall, call 920-459-3873 or email [cgamb@kohlervillage.org](mailto:cgamb@kohlervillage.org).



## **Best Bar Food Competition • August 16, 11:00 a.m.**

Put on your boots because this month we are going to the Rusty Spur Saloon, N412 County Rd S, Kewaskum.

Take Hwy 57 south, turn right onto 28 (Waldo). Continue on 28 through Cascade - Bear right onto County Rd. SSS, which will turn into S. S will take you into Beechwood. Turn left at the stop sign and then first right. Rusty Spur will be on the right side of the road and parking is directly across the street, (262) 626-2831.

Scottsdale's LAST REAL COWBOY SALOON. Registered historic landmark, Farmers Bank of Scottsdale 1921-1931, closed during the Depression, but the old bank vault is still there, holding liquor instead of money. Known as one of the three happiest places in the U.S. – Disneyland, Las Vegas, and the Rusty Spur Saloon... 'Where the party never ends!!!' Patronized by John Wayne, Clint Eastwood, Jennifer Aniston, Vince Vaughn, Dierks Bentley, and John Rich (Big & Rich)

*Register for lunch - stop at Kohler Village Hall, call 920-459-3873 or email [cgamb@kohlervillage.org](mailto:cgamb@kohlervillage.org).*



## **DODGEBALL AUGUST 22 AT 10 A.M. AT VILLAGE GYM**

WILL CHOOSE TEAMS THEN. AFTER WE WILL BE ABLE TO GO TO THE YOUTH CENTER FOR FOOD AND DRINK. COST FOR EVENT \$5.

## **Lyme Kiln Park Grafton, Special Hike August 22**

Stumbled upon this park by accident while out driving around and couldn't have been more pleased. Historic lime kilns are on the property along with an old bridge, a great river's edge, a fishing platform, And so much more.

## **FITNESS**

No pre-registration required. *No cost for members, \$1.00 for non-members, for ping pong, hiking, kayaking or walking.*



**Ping Pong** Mondays 1p.m. Village Hall



**Hiking** Tuesdays 10:00 a.m. Destinations to be announced



**Kayaking** Wednesdays 10:00 a.m. Destinations to be announced

**Walking in Water & Coffee** Thursdays 10:00 a.m. Lake Michigan



### **Pickle Ball • Wednesdays, 6:30 p.m. • Kohler School Gym**

Beginners Welcome! No pre-registration required. No fee but you must be a Klub 55 member to participate.



### **Chair Yoga • Tuesdays 8:15 a.m. • Village Hall**

5-week card \$40 for members and \$45 for nonmembers.

## **ADULT AQUATIC EXERCISE CLASSES** (Offered by the Kohler Recreation Department) **At the Kohler Pool, 230 School Street**

### **Water in Motion**

A high-energy complete 60-minute workout. Focusing on aerobic routines (raising our heart rates) and isolated muscle work. A variety of equipment used to strengthen the whole body. Swimming is not necessary. M/W/F 8-9am

### **Morning Lap Swim**

M/W/F 8-9am

### **Deep Water Aerobics**

Our instructor leads a powerful and challenging water workout using a variety of equipment. M/Th 5-6pm

### **Saturday Morning Water Aerobics**

A high-energy class encompassing the entire pool. Saturdays 10am

Village of Kohler Residents \$2/Non-residents \$4 per class

Punch cards available. No pre-registration required.

## **CLASSES/WORKSHOPS**

To register for classes/workshops/activities (unless otherwise noted) – call 920-459-3873 or email [cgamb@kohlervillage.org](mailto:cgamb@kohlervillage.org).



### **PAINTING CLUB • Mondays 9a.m. • Village Hall**

*No cost for members, \$3 for non-members, does not include materials.*



### **Book Club • Thursday, July 14, 1:00 p.m. • Kohler Public Library**

For more information, contact Erin at the Library 920-459-2923.



### **LAFF Group Meeting • Thursday, July 21, 7:00 p.m. • Village Hall**

If interested in becoming a member please call Jeanine Mullen, 920-458-0313.





## **Study Group • Thursdays 9:00 a.m. • Village Hall**

For more information, contact Jeanine Mullen, 920-458-0313.

## **Wellness Group with Oristela**

If anyone is interested please email [whwellnesscoach@gmail.com](mailto:whwellnesscoach@gmail.com).

## **UPCOMING PRESENTATIONS – DATES TO BE ANNOUNCED**

\*A presentation about life after COVID, Laura Roberts. How to deal with anxiety, tiredness and other post COVID fears that some are dealing with.

\*A presentation on estate planning will be offered by Attorney Ryan Zinkel from Rohde Dales Law Firm.

## **Good Times at Klub 55**

