# May Newsletter





**MONTHLY EVENTS:** 

Volume 5, Number 5

VH=Village Hall
KPL=Kohler Public Library
MWPY=Midwest Power Yoga
P=Kohler Pool
SC=Sports Core

#### **Mondays**

Water in Motion 8am/Deep Water Aerobics 4:45pm-P Painting 9am-VH Ping Pong 1pm-VH Fitness with Maggie-MWPY Water Aerobics 9:10am-SC

### **Tuesdays**

Chair Yoga 8:15am-VH Hiking 9am-location announced Fitness with Maggie-MWPY

### **Wednesdays**

Kayaking-10am-weather permitting-location announced Water in Motion 8am-P Pickleball 6:30pm-School Gym Fitness with Maggie-MWPY Water Aerobics 5:15 & 9:10am-SC

#### **Thursdays**

Painting 1pm-VH
Deep Water Aerobics 4:45pm-P
Fitness with Maggie-MWPY
2nd Thursday Book Club 1pm-KPL
3rd Thursday LAFF 7pm-VH

### **Fridays**

Lunch 11:30am (cards after)-VH Fitness with Maggie-MWPY Water Aerobics 9:10am-SC

### Saturdays:

Water Aerobics 10am-P Fitness with Maggie-MWPY Water Aerobics 7:30am-SC

# **MISSION**

Klub 55 serves as a focal point for those aged 55 and over in the extended Kohler community, providing opportunities for fun, recreation, learning, and socialization in order to encourage physical, mental, spiritual, and social well-being.

What is the extended Kohler community? In short, it is Kohler and the surrounding areas! Anyone who can make it to Kohler, where most activities take place, is welcome! At this time we do not provide transportation.

Have you renewed your membership for 2022??? Klub 55 yearly membership is \$25. This membership entitles you to discounts on Friday lunches, trips, classes, activities and special events. All members who sign up for events are taken before non-members who will then be called on a first come first serve basis.

Annual membership is from 1/1/2022-12/31/2022.

If there are any classes or workshops you are interested in, please contact Jeanine Mullen 920-458-0313.

A reminder to everyone: it is important to register in advance for all classes, events or trips. Nothing cancels a good class, event or trip quicker than everyone waiting until the last minute to register. If there are not enough registrants by a certain date, the class/event/trip may be cancelled.

www.kohlervillage.org/klub-55/

facebook.

Follow Kohler Klub 55 on Facebook



# 11:30 a.m. at Village Hall, Cost per person: \$6 members, \$7 non-members (unless otherwise indicated)

Register for lunch by Wednesday - stop at Kohler Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.

May 6 Philly Cheese Steaks, Tater Tots, Soup, Veggies and Dessert

May 13 Homemade Chicken and Dumplings, Rolls, Salad and Dessert

May 20 Asian Glazed Meat Balls, Rice, Ramon Soup, Chinese Slaw and Dessert

May 27 Pasta Pancetta, Garlic Bread, Roasted Vegetable Salad and Dessert





# Card Playing Fridays after lunch

We will have coffee, and soda is available for purchase. For those who do not play cards please feel free to stay for a little coffee and conversation, or even a game of dominos.

# **Cribbage or Sheeps Head Tournament???**

Interested in having a Cribbage or Sheeps Head Tournament, please let us know. There has been a lot of interest among card players. We need a group interested in helping plan. Please let James Kohlhagen know. We are looking at May for this event.



Taverne on the Lake
Enjoy a little pampering and surprises for all.
There will be a choice of 3 entries.
Cost \$20.00



### DAY AND OVERNIGHT TRIPS

To register for classes/workshops/activities (unless otherwise noted) – stop at Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.



This month we are going to the Gravel Pit, 23203 WI-57 Kiel, Tuesday, May 31 at 11:30 a.m.



# **Tour the Wesley Jung Carriage Museum June 8**

Tour and horse drawn tour to the Greenbush Wade House; along with a picnic lunch. There is a limited amount of people for this tour. If we get more than the limit we may be able to split for two tours. Cost is \$20 for members and \$30 for non-members. Includes lunch, carriage tour and horse drawn tour. We will car pool.

In June 2013, a new museum of horse-powered transportation and a new learning and visitor center opened at the Wade House historic site in Greenbush, 60 years after the dedication of this Wisconsin Historical Society site. Positioned on the south side of State Highway 23—the main east-west artery connecting Sheboygan and Fond du Lac—the 37,800-square-foot project serves as the new portal to the Wade House historic site, replacing an outmoded 1968 museum and an inadequate 1971 visitor center.



# Sheboygan Broughton Marsh Park & Campground, Special Hike May 17, 10:00 a.m.

The Sheboygan Marsh is also a natural classroom. It has become a home to one of Wisconsin's pioneering, and most successful outdoor education programs – the Outdoor Skills and Education Center of the local YMCA. Come enjoy the County's first <u>Foot Golf Course!</u> Foot golf is easy to play, free, and fun for an entire family. All you need to bring is a soccer ball, (See the course layout and rules). Lunch at Marsh Bar.



# KLUB 55 PICNIC

Mark your calendars for June 29 Beach Party Picnic 4-8 p.m. on the Sports Core Patio Cost \$20 members and \$25 non-members

# **FITNESS**

No pre-registration required. *No cost for members, \$1.00 for non-members, for ping pong, hiking and kayaking.* 



Ping Pong Mondays 1p.m. Village Hall



Hiking Club Tuesdays 10:00 a.m. Destinations to be announced

Kayaking Wednesdays 10:00 a.m. Destinations to be announced, weather permitting



### Pickle Ball • Wednesdays, 6:30 p.m. • Kohler School Gym

Beginners Welcome! No pre-registration required. No fee but you must be a Klub 55 member to participate.



# Chair Yoga • Tuesdays 8:15 a.m. • Village Hall

5-week card \$40 for members and \$45 for nonmembers.

### ADULT AQUATIC EXERCISE CLASSES

At the Kohler Pool, 230 School Street

### **Water in Motion**

A high-energy complete 60-minute workout. Focusing on aerobic routines (raising our heart rates) and isolated muscle work. A variety of equipment used to strengthen the whole body. Swimming is not necessary. M/W/F 8-9am

### **Deep Water Aerobics**

Our instructor leads a powerful and challenging water workout using a variety of equipment. M/Th 4:45-5:45pm

### **Saturday Morning Water Aerobics**

A high-energy class encompassing the entire pool. Saturdays 10am

Residents \$2/Non-residents \$4 per class

Punch cards available. No pre-registration required.



### Water Aerobics - All Classes at the Sports Core

(Must be a Sports Core member to attend) sportscorekohler.com Morning Water Aerobics M/W/F 9:10–9:45am Early morning Water Aerobics W 5:15–6am Saturday Water Aerobics 7:30–8:30am

### **Midwest Power Yoga**

Maggie Olson is offering Klub 55 members a discount. Check Maggie's Web site for all classes offered. Phone: 920-550-1182 - text us! Web: www.midwestpoweryoga.com.

# **CLASSES/WORKSHOPS**

<u>To register for classes/workshops/activities (unless otherwise noted) – call 920-459-3873 or email cgamb@kohlervillage.org.</u>



PAINTING CLUB • Mondays 9a.m./Thursdays, 1p.m. • Village Hall

No cost for members, \$3 for non-members, does not include materials.



Book Club • Thursday, May 12, 1:00 p.m. • Kohler Public Library

For more information, contact Erin at the Library 920-459-2923.



LAFF Group Meeting May 19, 7:00 p.m. • Village Hall

If interested in becoming a member please call Jeanine Mullen, 920-458-0313.



Study Group • Thursdays 9:00 a.m. • Village Hall

For more information, contact Jeanine Mullen, 920-458-0313.

