



MONTHLY EVENTS:

VH=Village Hall
KPL=Kohler Public Library
P=Kohler Pool

Mondays

Water in Motion & Lap Swim
8am/Deep Water Aerobics 5pm-P
Painting 9am-VH
Ping Pong 1pm-VH

Tuesdays

Chair Yoga 8:15am-VH
Hiking 10am-location announced

Wednesdays

Water in Motion & Lap Swim 8am-P
Kayaking-10am-location announced
Pickleball 6:30pm-Tennis Courts

Thursdays

Study Group 9am-VH
Walking in Water & Coffee 10am-
Lake Michigan
Deep Water Aerobics 5pm-P
2nd Thursday Book Club 1pm-KPL
3rd Thursday LAFF 7pm-VH

Fridays

Water in Motion & Lap Swim 8am-P
Lunch 11:30am (cards after)-VH

Saturdays:

Water Aerobics 10am-P

Volume 5, Number 7

MISSION

Klub 55 serves as a focal point for those aged 55 and over in the extended Kohler community, providing opportunities for fun, recreation, learning, and socialization in order to encourage physical, mental, spiritual, and social well-being.

What is the extended Kohler community? In short, it is Kohler and the surrounding areas! Anyone who can make it to Kohler, where most activities take place, is welcome! At this time we do not provide transportation.

Have you renewed your membership for 2022???

Klub 55 yearly membership is \$25. This membership entitles you to discounts on Friday lunches, trips, classes, activities and special events. All members who sign up for events are taken before non-members who will then be called on a first come first serve basis.

Annual membership is from 1/1/2022-12/31/2022.

If there are any classes or workshops you are interested in, please contact Jeanine Mullen 920-458-0313.

A reminder to everyone: it is important to register in advance for all classes, events or trips. Nothing cancels a good class, event or trip quicker than everyone waiting until the last minute to register. If there are not enough registrants by a certain date, the class/event/trip may be cancelled.

www.kohlervillage.org/klub-55/

facebook

Follow Kohler Klub 55 on Facebook



**11:30 a.m. at Village Hall, Cost per person: \$6 members, \$7 non-members
(unless otherwise indicated)**

Register for lunch by Wednesday - stop at Kohler Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.

July 1 No Lunch

July 8 Chicken on a roll with your choice of Tomatoes, Onions, Cheese, condiments, Fries, Fresh Fruit and Dessert

July 15 Liver, Bacon, Onions, Macaroni & Cheese, Fresh Rolls, Veggies, Dessert

July 22 No Lunch at Village Hall – Cornhole Tournament at Lost Woods Park and lunch after the tournament

July 29 No Lunch at Village Hall - Special Lunch at VFW in support of our Vets



Card Playing Fridays after lunch

We will have coffee, and soda is available for purchase. Not playing cards, please feel free to stay for a little coffee and conversation or even a game of dominos.

To register for classes/workshops/activities (unless otherwise noted) – stop at Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.



IT'S A RIVER OF LIVER LUNCH, JULY 15, 11:30 a.m. VILLAGE HALL

Crispy Bacon, Fried Onions, Liver. Homemade Mac and Cheese, Fresh Veggies and Dessert.
\$6 members, \$7 non-members

Register for lunch - stop at Kohler Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.



West of the Lake Gardens, Manitowoc

Special Hike, Tuesday, July 12

We will car pool and meet at the Village Hall at 9 a.m. After touring the Gardens we will have lunch at the Light House Inn, in Two Rivers.



Best Bar Food Competition • July 19, 11:00 a.m.

Best Bar Food for July is at The Wharf Manitowoc, 606 Quay Street in Manitowoc. Come early, have a drink and enjoy the view. *Register for lunch - stop at Kohler Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.*



Corn Hole Tournament July 22 • Lost Woods Park

Cost \$8 members \$10 nonmembers

Tournament starts at 10 a.m. We need 4 teams. There are prizes! Bring a lawn chair and enjoy the games. Followed by Lunch - Sloppy Joes, Potato and Macaroni salad, Slaw, and Dessert.

Register for the tournament or just lunch - stop at Kohler Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.

FITNESS

No pre-registration required. *No cost for members, \$1.00 for non-members, for ping pong, hiking, kayaking or walking.*



Ping Pong Mondays 1p.m. Village Hall



Hiking Tuesdays 10:00 a.m. Destinations to be announced



Kayaking Wednesdays 10:00 a.m. Destinations to be announced

Walking in Water & Coffee Thursdays 10:00 a.m. Lake Michigan



Pickle Ball • Wednesdays, 6:30 p.m. • Kohler School Gym

Beginners Welcome! No pre-registration required. No fee but you must be a Klub 55 member to participate.



Chair Yoga • Tuesdays 8:15 a.m. • Village Hall

5-week card \$40 for members and \$45 for nonmembers.

ADULT AQUATIC EXERCISE CLASSES (Offered by the Kohler Recreation Department) **At the Kohler Pool, 230 School Street**

Water in Motion

A high-energy complete 60-minute workout. Focusing on aerobic routines (raising our heart rates) and isolated muscle work. A variety of equipment used to strengthen the whole body. Swimming is not necessary. M/W/F 8-9am

Morning Lap Swim

M/W/F 8-9am

Deep Water Aerobics

Our instructor leads a powerful and challenging water workout using a variety of equipment. M/Th 5-6pm

Saturday Morning Water Aerobics

A high-energy class encompassing the entire pool. Saturdays 10am

Village of Kohler Residents \$2/Non-residents \$4 per class

Punch cards available. No pre-registration required.

CLASSES/WORKSHOPS

To register for classes/workshops/activities (unless otherwise noted) – call 920-459-3873 or email cgamb@kohlervillage.org.



PAINTING CLUB • Mondays 9a.m. • Village Hall

No cost for members, \$3 for non-members, does not include materials.



Book Club • Thursday, July 14, 1:00 p.m. • Kohler Public Library

For more information, contact Erin at the Library 920-459-2923.



LAFF Group Meeting • Thursday, July 21, 7:00 p.m. • Village Hall

If interested in becoming a member please call Jeanine Mullen, 920-458-0313.



Study Group • Thursdays 9:00 a.m. • Village Hall

For more information, contact Jeanine Mullen, 920-458-0313.

Wellness Group with Oristela

If anyone is interested please email whwellnesscoach@gmail.com.

Good Times At Klub 55

