April Newsletter



MONTHLY EVENTS:

VH=Village Hall KPL=Kohler Public Library MWPY=Midwest Power Yoga P=Kohler Pool

<u>Mondays</u>

Water in Motion 8am/Deep Water Aerobics 4:45pm-P Painting 9am-VH Ping Pong 1pm-VH Fitness with Maggie-MWPY

<u>Tuesdays</u>

Chair Yoga 8:15am-VH Hiking 9am-location announced Fitness with Maggie-MWPY

<u>Wednesdavs</u>

Kayaking-10am-weather permitting-location announced Water in Motion 8am-P Pickleball 6:30pm-School Gym Fitness with Maggie-MWPY

<u>Thursdays</u>

Snowshoeing 10am-location announced Painting 1pm-VH Deep Water Aerobics 4:45pm-P Fitness with Maggie-MWPY 2nd Thursday Book Club 1pm-KPL 3rd Thursday LAFF 1pm-VH

<u>Fridays</u>

Lunch 11:30am (cards after)-VH Fitness with Maggie-MWPY

<u>Saturdays:</u>

Water Aerobics 10am-P Fitness with Maggie-MWPY



Volume 5, Number 4

MISSION

Klub 55 serves as a focal point for those aged 55 and over in the extended Kohler community, providing opportunities for fun, recreation, learning, and socialization in order to encourage physical, mental, spiritual, and social well-being.

What is the extended Kohler community? In short, it is Kohler and the surrounding areas! Anyone who can make it to Kohler, where most activities take place, is welcome! At this time we do not provide transportation.

Have you renewed your membership for 2022???

Klub 55 yearly membership is \$25. This membership entitles you to discounts on Friday lunches, trips, classes, activities and special events. All members who sign up for events are taken before non-members who will then be called on a first come first serve basis.

Annual membership is from 1/1/2022-12/31/2022.

If there are any classes or workshops you are interested in, please contact Jeanine Mullen 920-458-0313.

A reminder to everyone: it is important to register in advance for all classes, events or trips. Nothing cancels a good class, event or trip quicker than everyone waiting until the last minute to register. If there are not enough registrants by a certain date, the class/event/trip may be cancelled.

If COVID-19 would become an issue, events will be rescheduled.

www.kohlervillage.org/klub-55/

facebook

Follow Kohler Klub 55 on Facebook





11:30 a.m. at Village Hall, Cost per person: \$6 members, \$7 non-members (unless otherwise indicated)

Register for lunch by Wednesday - stop at Kohler Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.

- April 1 New York Style Meat Pizza, 3 Cheese Pizza, Pepperoni Pizza, Sausage Pizza, Salad, Dessert
- April 8 Fresh Homemade 3 Cheese Ravioli, Garlic Bread, Salad, Dessert Easter surprises for all.
- April 15 Closed for Good Friday
- April 22 Brats and Burgers, Baked Beans, Potato Salad, Dessert
- April 29 Broasted Chicken, Mashed Potatoes, Veggie Mix, Slaw, Dessert

Punch cards are available for purchase: members \$30 and non-members \$35 for 5-\$6 lunches





I am looking for volunteers to bake some desserts while I am recuperating for the month of April. If you can help, please put your name on the lunch dessert list for the Month of April.



We will have coffee, and soda is available for purchase. For those who do not play cards please feel free to stay for a little coffee and conversation, or even a game of dominos.

Cribbage or Sheeps Head Tournament???

Interested in having a Cribbage or Sheeps Head Tournament, please let us know. There has been a lot of interest among card players. We need a group interested in helping plan. Please let James Kohlhagen know. We are looking at May for this event.

DAY AND OVERNIGHT TRIPS

<u>To register for classes/workshops/activities (unless otherwise noted) – stop at Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.</u>



HINE Oneida Gambling Trip April 21 Waiting List

If we get enough people signed up we will try to get a bigger coach. To place your name on the waiting list, contact Village Hall 920-459-3873 or email cgamb@kohlervillage.org.

We will be leaving from Village Hall at 9:00 a.m. and returning by 3 p.m. on a Discovery Coach Bus. Lunch will be at The Stadium View Restaurant. You will receive Gambling money. Cost \$55 members & \$60 nonmembers.



Best Bar Food Competition • April 26, 11:30 a.m.

Join us on April 26 at Nine-O-Two on the Avenue, 902 Indiana Avenue, Sheboygan, 11:30 a.m.

Special Hike April 26

Woodland Dunes Nature Center and Preserve, 1516 18 St. Two Rivers

Woodland Dunes Nature Center and Preserve contains over 1,500 acres of hardwood & conifer forests, wetlands, and prairies located between Two Rivers and Manitowoc Wisconsin with 7 miles of hiking trails to enjoy. Take a stroll, have a look, and listen to the wonders that are found here. Our 14 ridges and swales are home and important stopover habitat to neo-tropical songbirds, Monarch butterflies, bats, amphibians, mammals and over 400 plant species. This rare land and its creatures attract thousands of visitors year-round and serve as an interactive outdoor classroom for thousands of



Our Mardi Gras Queen Sue



Klub 55 Hikers Enjoying the Outdoors



Tour the Wesley Jung Carriage Museum June 8

Tour and horse drawn tour to the Greenbush Wade House; along with a picnic lunch. There is a limited amount of people for this tour. If we get more than the limit we may be able to split for two tours. Cost is \$20 for members and \$30 for non-members. Includes lunch, carriage tour and horse drawn tour. We will car pool.

In June 2013, a new museum of horse-powered transportation and a new learning and visitor center opened at the Wade House historic site in Greenbush, 60 years after the dedication of this Wisconsin Historical Society site. Positioned on the south side of State Highway 23—the main east-west artery connecting Sheboygan and Fond du Lac—the 37,800-square-foot project serves as the new portal to the Wade House historic site, replacing an outmoded 1968 museum and an inadequate 1971 visitor center.

FITNESS

No pre-registration required. *No cost for members, \$1.00 for non-members, for ping pong, hiking, kayaking and snowshoeing.*



Ping Pong Mondays 1p.m. Village Hall

Hiking Club Tuesdays 10:00 a.m. Destinations to be announced

Kayaking Wednesdays 10:00 a.m. Destinations to be announced, weather permitting



Snowshoeing Thursdays 10 a.m. Destinations to be announced. If there isn't snow,

we will hike.



Chair Yoga • Tuesdays 8:15 a.m. • Village Hall

5-week card \$40 for members and \$45 for nonmembers.



Pickle Ball • Wednesdays, 6:30 p.m. • Kohler School Gym

Beginners Welcome! No pre-registration required. No fee but you must be a Klub 55 member to participate.

ADULT AQUATIC EXERCISE CLASSES

At the Kohler Pool, 230 School Street

Water in Motion – Beginning April 4

A high energy complete 60-minute workout. Focusing on aerobic routines (raising our heart rates) and isolated muscle work. A variety of equipment will be used to strengthen the whole body. Swimming is not necessary. M/W/F 8-9am

Deep Water Aerobics – Beginning April 4

Our instructor leads a powerful and challenging water workout using a variety of equipment. M/Th 4:45-5:45pm

Saturday Morning Water Aerobics – Beginning April 9

A high-energy class encompassing the entire pool. Saturdays 10am

Residents \$2/Non-residents \$4 per class Punch cards available. No pre-registration required.



Walking in Water and Coffee • Wednesdays, 11:00 a.m. • Sports Core

Midwest Power Yoga

Maggie Olson is offering Klub 55 members a discount. Check Maggie's Web site for all classes offered. Phone: 920-550-1182 - text us! Web: www.midwestpoweryoga.com.

CLASSES/WORKSHOPS

To register for classes/workshops/activities (unless otherwise noted) - call 920-459-3873 or email cgamb@kohlervillage.org.



🔍 Book Club • Thursday, April 14, 1:00 p.m. • Kohler Public Library

For more information, contact Erin at the Library 920-459-2923.

LAFF Group Meeting April 21, 1-3 p.m. • Village Hall If interested in becoming a member please call Jeanine Mullen, 920-458-0313.

Shuttle Crafters • To be Announced



Women's Getaway Fun



That's a lot of snow!

From our Friends at Kiel Community Center

Good afternoon everyone, Spring is here and there are a lot of great things happening in Kiel! Listed below are some events, and activities that I thought might be of interest to you. Any questions please call me and as always please share with family and friends. Missy Brandt, Community Services Manager, Kiel Community Center

510 3rd Street, Kiel, WI 53042, 920-894-7861

Guest speaker series: at the community center upper level. **April 4:** Guest speaker Joe Zink and LuAnn Travis will talk about bereavement and hospice **May 2:** A representative from the Kiel VFW will be here

Parkinson Music and Movement Exercise Class: Monday's 1-2 pm lower level of the Kiel Community Center. Spring session: March 21, 28, April 11, 25, May 2, 9 and 16. FREE. Please call Missy at 920-894-7861 to register.

Parkinson Support Group: meets the 4th Monday of each month, upper level of the Kiel Community Center 2:30-3:30pm. FREE.

Stepping On Class: The Aging & Disability Resource Center, along with Kiel Community Center, is holding a Stepping On Workshop. The workshop will be held Tuesdays, April 12-May 24 from 1:30-3:30pm. For information call the ADRC of the Lakeshore 1-877-416-7083 or visit adrcofthelakeshore.com

City Wide Rummage Sales: May 20 and 21

Pickleball: Saturdays 9:30am-12:30pm & Wednesdays 3:30-5:30pm, Kiel City Hall Gym.

Tae Kwon Do: Mondays 5-6pm, March 14-April 25 (no class April 4) lower level of the Kiel Community Center.

Ages 5 years to Adult, Cost: \$30 for 6 week session

Registration forms available under the Citizen's information page, Park and Recreation. Questions please call Missy at 920-894-7861.

Strong Women/Strong Bodies: Spring/Summer Schedule: April 12-June 30. Class is held in the lower level of the Kiel Community Center, cost is \$25. Class times are 9am, 10:30am and 6pm on Tuesdays and Thursdays.

Mahjong: Tuesday's 1-4pm in the upper level of the Kiel Community Center. No experience necessary, new members always welcomed.

Summer Band concert line up - all concerts are at 7pm at the KMB Memorial Bandstand in the Kiel City Park. Should there be bad weather, the concert will be held in the Kiel Middle School Gym.

- June 8, Kiel Municipal Band One of America's Top Community Bands
- June 15 Fiddler's Farm Award Winning Bluegrass Music
- June 22 Eddie Larsen Band Polka, Big Band, Swing
- June 29 Kiel Municipal Band
- July 6 Two-fifths Party Band Polka, Swing and Country
- July 13 Carl Laack Band Polka, Waltzes, Big Band
- July 20 Carol and the Keynotes Polka, Country & Rock
- July 27 Kiel Municipal Band
- August 3 Thelen Sister's Band Jazz, Broadway, Opera, Irish Jigs, Music from 50s, 60s & 70s